

Six Item Cognitive Impairment Test (6CIT)

(6CIT - Kingshill Version 2000, Dementia screening tool)

Patient's Details:	Date:
	Name of Assessor:

Question	Score Range	Score
1. What year is it?	0 – 4 Correct - 0 points Incorrect – 4 points	
2. What month is it?	0 – 3 Correct – 0 points Incorrect – 3 points	
3. Give the patient an address phrase to remember with 5 components, eg John, Smith, 42, High St, Bedford		
4. About what time is it (within 1 hour)	0 – 3 Correct – 0 points Incorrect – 3 points	
5. Count backwards from 20-1	0- 4 Correct - 0 points 1 error – 2 points More than 1 error – 4 points	
6. Say the months of the year in reverse	0- 4 Correct - 0 points 1 error – 2 points More than 1 error – 4 points	
7. Repeat address phrase John, Smith, 42, High St, Bedford	0 – 10 Correct - 0 points 1 error – 2 points 2 errors – 4 points 3 errors – 6 points 4 errors – 8 points All wrong – 10 points	
TOTAL SCORE	0 – 28	/28

Outcome from Score

0-7 = normal	Referral not necessary at present
8- 9 = mild cognitive impairment	Probably refer
10-28 = significant cognitive impairment	Refer